Our Vision: A world where people experience God's love and are made whole.

Our Mission: To share the love of Jesus through compassion, inclusivity, creativity and learning.

"And early in the morning he came walking toward them on the sea." Mt. 14:25

The Tenth Sunday after Pentecost
13 August 2017
11 a.m. Choral Eucharist
Welcome to Grace Cathedral

Welcome to this sacred house of prayer for all people. Those who built this place and care for it love tradition and feel passionate about engaging with what is new. If you look closely you will find images of scientists, reformers, Jewish rabbis and Roman Catholic popes, political leaders, saints, and even an astronaut. We invite you to be part of this joyful community even if your visit is short. You might ask yourself two questions: “What do I need to receive? What do I have to give?” We would be delighted to hear about your explorations. May God bless you on your journey!

- The Very Rev. Dr. Malcolm Clemens Young, Dean of Grace Cathedral

- If you are new to Grace Cathedral, please introduce yourself and fill out a welcome card so we can be in touch with you. We’re glad you’re here!
- Join us for coffee and conversation across the plaza in the Chapter House Library after the 8:30 a.m. service or in the Dining Room after the 11 a.m. service.

about today’s readings

1 Kings 19:9-18; Psalm 85:8-13; Romans 10:5-15; Matthew 14:22-33

Reading texts can be found at the end of the service leaflet.

What does it take to hear the sheer silence of God?

As I write this, there’s a dull throb of construction machinery outside my window. Colleagues drift in with questions, news, jokes. When I check social media at the end of the day, I’ll be immersed in a stream of stories, my heart tugged by the poignant and the outraged, the mundane and the extraordinary. God speaks through all I encounter — but am I hearing the intimate message that God offers in more hushed tones? Am I hearing the word that’s near to me?

I’m coming to understand how much my faith grows in quiet — not the quiet of formal meditation or mindfulness, as valuable as those practices are. Carving out time to “do nothing” is a counter-cultural undertaking, and I’m fighting my own expectations as well as pressures from the world when I embark on it. Paul asks us to look at what is stirring within our hearts, as it is the place from where our words and actions will arise. Without experiencing this stirring fully and intentionally, it’s hard to sustain the courage to move through a world in conflict.

Arising from his own time of quiet prayer in the mountains, Jesus moves over troubled waters so luminously that his friends imagine he is a ghost. His invitation and his supporting hand stretch out through time and space, to each of us, wherever we are.

Carol James has been part of the cathedral community for over a decade. She has served as a co-mentor in the Education for Ministry program. She currently leads the evening prayer providers in our Jail Ministry and is a cathedral staff member.

Final Congregation Town Hall

Today, August 13 • 4:30 p.m. before the 6 p.m. service • Chapter House Dining Room

If you missed last week’s Town Hall, come today to discuss the results of the Congregation Survey and what membership at Grace Cathedral means to us.

August Sunday School: What Matters to Me and Why

Today, August 13 and Sunday, August 20 • 10:45 a.m. Wilsey B and C

Children are invited to participate in two Sunday morning classes called “What Matters to Me and Why.” In this series, children will learn from seniors at Grace who will share the joys and hobbies that light up their lives. To learn more, email the Rev. Mary Carter Greene at maryg@gracecathedral.org.
The Holy Eucharist
The Tenth Sunday after Pentecost (proper 14) • 13 August 2017 • 11:00 am

Ask an usher about nursery care and Sunday school, hearing assistance devices, or large-print leaflets.
Restrooms are located on the lower level corridor. Please silence any audible electronics and refrain from taking video or photos during the service.

Voluntary
Fugue in c on a theme of Legrenzi, BWV 574a
J. S. Bach

The Gathering

The people stand as the procession enters.

Introit
Sung by the choir.
chant: Thomas Tallis
(Psalm 78: 23-29; see p. 696 in the red BCP for text.)

Hymn 410
Sung by all, standing.
Lauda anima
text: Henry Francis Lyte (1793-1847), alt.; music: John Goss (1800-1880); desc. Craig Sellar Lang (1891-1971)

Opening Acclamation
Presider Blessed be the one, holy and living God.
People Glory to God for ever and ever.

Gloria in excelsis
William Byrd
Mass for Three voices
Choir Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.
The Collect of the Day

Presider  May God be with you.
People  And also with you.

Let us pray. Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.
All  Amen.

The Word of God

Readings can be found at the end of this service leaflet.

The First Reading

Reader  The Word of the Lord.
People  Thanks be to God.

Psalm 85: 8–13

(Antiphon) Choir, then all  Show us your mercy O Lord, and grant us your salvation.

Choir  I will listen to what the Lord God is saying, *
      for he is speaking peace to his faithful people and to those who turn their hearts to him.
      Truly, his salvation is very near to those who fear him, *
      that his glory may dwell in our land.
      Mercy and truth have met together; *
      righteousness and peace have kissed each other.
      Truth shall spring up from the earth, *
      and righteousness shall look down from heaven.
      The Lord will indeed grant prosperity, *
      and our land will yield its increase.
      Righteousness shall go before him, *
      and peace shall be a pathway for his feet.
All  Show us your mercy O Lord, and grant us your salvation.

The Second Reading

Reader  The Word of the Lord.
People  Thanks be to God.
The Holy Gospel

Matthew 14:22-33

The choir alone sings the first Alleluia, then the people join in.

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

The word of the Lord endures for ever;

God’s word is the Gospel preached to you.

All repeat the three Alleluias.

Before the Gospel

The Holy Gospel of our Savior Jesus Christ according to Matthew.

Glory to you, Lord Christ.

After the Gospel

The Gospel of the Lord.

Praise to you, Lord Christ.

The Homily

A period of silence may follow.

The people sit.

The Rev. Mark E. Stanger,
Canon for Formation
The Nicene Creed

The people stand.

All  We believe in one God,
     the Father, the Almighty,
     maker of heaven and earth,
     of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
     the only Son of God,
     eternally begotten of the Father,
     God from God, Light from Light,
     true God from true God,
     begotten, not made,
     of one Being with the Father.
     Through him all things were made.
     For us and for our salvation
     he came down from heaven:
     by the power of the Holy Spirit
     he became incarnate from the Virgin Mary,
     and was made man.

For our sake he was crucified under Pontius Pilate;
     he suffered death and was buried.
     On the third day he rose again
     in accordance with the Scriptures;
     he ascended into heaven
     and is seated at the right hand of the Father.
     He will come again in glory
     to judge the living and the dead,
     and his kingdom will have no end.

We believe in the Holy Spirit,
     the Lord, the giver of life,
     who proceeds from the Father and the Son.
     With the Father and the Son
     he is worshiped and glorified.
     He has spoken through the Prophets.
     We believe in one holy catholic and
     apostolic Church.
     We acknowledge one baptism
     for the forgiveness of sins.
     We look for the resurrection of the dead,
     and the life of the world to come. Amen.

The Prayers of the People

After each petition  Lord, hear our prayer.  

The presider adds a concluding collect.
The Confession of Sin

Deacon

Let us confess our sins to God

God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.

We have denied your goodness in each other,
in ourselves, and in the world you have created.

We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.

Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

The presider pronounces God’s absolution.

The Peace

Presider

The peace of Christ be always with you.

All

And also with you.

All may greet each other in the name of Christ.

Welcome

The Holy Communion

Offertory Sentence

An offering will be received for the ministries of Grace Cathedral. Thank you for your generosity.

Anthem

Sung in Latin. William Byrd

Choir

Jesus, our redeemer, whom we love and need, you are God, creator of all things, and you were mortal, within the limits of time. What compassion constrained thee, that should bear our trespasses, suffering cruel death, that from death you might save us! You entered the gates of hell; You redeemed those of your own held captive; triumphant with noble victory, you are seated at the right hand of the Father. May loving kindness impel you to overcome our wickednesses, and by forgiveness in fulfillment of our prayer, fill us with the light of your countenance. Be our joy, our future reward: In you may we give glory for ever and ever. Amen.

-Hymn for Compline from Ascension Day to the Friday before Whitsunday

The people stand as representatives of the congregation bring the people’s offerings of bread, wine, and money to be placed on the Altar.
The Great Thanksgiving (Prayer II, Enriching our Worship)  

Presider, continuing 

lifting our voices to magnify you as we sing:

Sanctus  

Sung by all.  

Jeffrey Smith

Presider, concluding  

...Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honor and glory is yours, almighty Father, now and for ever.

All  A - MEN.
Presider  And now, as our Savior Christ has taught us, we are bold to pray,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come,
thy will be done, on earth as it is in heaven. Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. A-men.

The Breaking of the Bread  The Bread is broken. Silence follows.
The choir alone sings the first Alleluia, then the people join in.

Al-le-lu-ia, Al-le-lu-ia, Al-le-lu-ia.

Choir  Christ our passover is sacrificed for us.
People  Therefore let us keep the feast.

All repeat the three Alleluias.

Invitation to Communion

The presider invites the people to come forward for Communion.
All who seek God and are drawn to Christ are welcome at God’s table.
Gluten-free Communion wafers are available at the north altar rail; please ask the Communion minister.
For a variety of reasons, it is our custom to consume the Bread and sip the Wine directly from the cup.
You are invited to guide the cup with your hands. If you choose not to receive either the Bread or the Wine, simply cross your arms over your chest and respond “Amen” when it is presented.

Ministers are available for shared prayer for healing
in the Chapel of Grace on the south (street) side of the Cathedral.
Agnus Dei

Byrd

Choir  
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us peace.

Motet

Sung in Latin.

Samuel Wesley

Choir  
If you, Lord, were to note what is done amiss, O Lord, who could stand?

Postcommunion Prayer

After all have received Communion, the people stand.

Presider  Let us pray.

All  
Dear God, you come to us as gift—as a vulnerable child,
a peace-making teacher, a crucified trouble-maker.

Teach us the secret of your love,
which grows as it is shared,
that we also may be gifts to your world
and find true freedom in giving ourselves away.

Amen.
The Sending Forth

Hymn 637

Sung by all, standing.

Lyons

1 How firm a foundation, ye saints of the Lord,
2 "Fear not, I am with thee; O be not dismayed!
3 "When through the deep waters I call thee to go,
4 "When through fier-y trials thy path-way shall lie,
5 "The soul that to Jesus hath fled for re-pose,

is laid for your faith in his excel-lent word!
For I am thy God and will still give thee aid.
the rivers of woe shall not thee over-flow;
my grace, all suf-ficient, shall be thy sup-ply;
I will not, I will not de-sert to its foes;

What more can he say than to you he hath said,
I'll strength-en thee, help thee, and cause thee to stand,
for I will be with thee, thy trou-ble-s to bless,
the flame shall not hurt thee; I on-ly de-sign
that soul, though all hell shall en-deavor to shake,

to you that for re-fuge to Jesus have fled?
up-held by my right-eous, om-ni-po-tent hand.
and sanc-ti-fy to thee thy deep-est dis-tress.
thy dross to consume, and thy gold to re-fine.
I'll nev-er, no, nev-er, no, nev-er for-sake!"

text: K. in John Rippon's Selection, 1787, alt.; music: Johann Michael Haydn (1737-1806); desc. Lois Fyfe (b. 1927)
The Blessing and Dismissal

All respond Amen.

Deacon Go in peace to love and serve the Lord.

All Thanks be to God.

Voluntary

Prelude and Fugue in a minor, BWV 551

Bach
The Readings

1 Kings 19:9-18

Elijah came to a cave, and spent the night there. Then the word of the Lord came to him, saying, “What are you doing here, Elijah?” He answered, “I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.” He said, “Go out and stand on the mountain before the Lord, for the Lord is about to pass by.” Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, “What are you doing here, Elijah?” He answered, “I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.” Then the Lord said to him, “Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him.”

Romans 10:5-15

Moses writes concerning the righteousness that comes from the law, that “the person who does these things will live by them.” But the righteousness that comes from faith says, “Do not say in your heart, ‘Who will ascend into heaven?’ (that is, to bring Christ down) or ‘Who will descend into the abyss?’” (that is, to bring Christ up from the dead). But what does it say? “The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.” But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, “How beautiful are the feet of those who bring good news!”

Matthew 14:22–33

Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, “It is a ghost!” And they cried out in fear. But immediately Jesus spoke to them and said, “Take heart, it is I; do not be afraid.” Peter answered him, “Lord, if it is you, command me to come to you on the water.” He said, “Come.” So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, “Lord, save me!” Jesus immediately reached out his hand and caught him, saying to him, “You of little faith, why did you doubt?” When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, “Truly you are the Son of God.”
save the date

Celebration Sunday
Sunday, September 17 • after the 11 a.m. service
Cathedral
Congregation Sunday has always been about celebrating our community so we’ve re-named it Celebration Sunday. Come enjoy a bounce house, games, gourmet food, a bake-off, a ministry fair and, most of all, each other. To get involved, email Heather Millar at hmmillar@gmail.com.

Yoga For Change
Thursday, September 28 • 6:30 p.m. • Cathedral
Save your spot to practice yoga while supporting The Community Preschool and its mission to educate children from at-risk neighborhoods. One hundred percent of the funds raised will fund daily meals for preschool students, outside exploration activities, student scholarships and up-to-date teacher training. To register or sponsor this event, visit yogaforchangesf.org.

The Fall Forum Series
Sunday, September 17 • 9:30 a.m. • Gresham Hall
The Forum returns this fall with guests ranging from artists, inventors and pop culturists to scientists and philosophers.

children’s christmas chorus

Sing You A Merry Christmas
Rehearsals Wednesday, October 4 to Wednesday, December 6 • 6:30 - 7:30 p.m. • Wilsey Conference Center
Calling all kids and teens to a special Christmas that will perform at Sing You A Merry Christmas, the wildly popular Christmas production at Grace Cathedral, in December. Open to children from age 5 to 16, the chorus will take the stage with the cast of Presto! Interactive. Sign up at gracecathedral.org/kidschristmas.

spiritual life

Quarterly Requiem Eucharist
Thursday, August 24 • 12:10 p.m. • Chapel of Grace
We hold a quarterly requiem to remember those whose ashes rest in our columbarium, the Chapel of St. Francis. The columbarium will be open for visitation from 11 a.m. to 2 p.m.

Education for Ministry
Thursdays, September 7 to June 6 • 6 p.m. • Chapter Room
Engage in far-reaching discussions, develop deep spiritual friendships and gain leadership skills in EfM. For more information and to register, email Roberta Sautter at nixile@earthlink.net.

Holy Land Pilgrimage Informational Meeting
Thursday, September 21 • 6:15 p.m. • Chapter House Dining Room
Learn more about the Holy Land Pilgrimage led by the Rev. Canon Mark Stanger taking place next year. For details or to register for the trip, visit gracecathedral.org/retreats.

grace gives

Volunteer with Bayview Mission
Monday, August 14 and Monday, August 21
9 a.m. • 1 p.m. • 1547 Jerrold Ave
Join us in providing services, food and supplies to families in the Bayview-Hunters Point neighborhood. Volunteer on August 14 to serve the Infant/Toddler program and on August 21 serve in the Senior Community Program. For more information, visit gracecathedral.org/bayview.

Dinner with Grace - Drivers Needed
Tuesday, August 15 • 5:30 - 7:30 p.m. • Chapter House Kitchen
Wednesday, August 16 • 5:30 - 7:30 p.m. • 387 Ellis St.
Prepare and serve a meal for residents of the Mentone Hotel, an Episcopal Community Services supportive housing site in the Tenderloin. Drivers are needed to transport meals from the cathedral on Wednesdays at 5 p.m. for approximately an hour. Learn more and sign up at gracecathedral.org/dwg.

School Supply Drive and Blessing of the Backpacks
Today, August 13 to Sunday, August 27 • Cathedral
Help refugee families in need prepare for a new school year. We are collecting school supplies every Sunday in August by the St. Francis statue. On August 27 at the 11 a.m. Choral Eucharist, students of all ages are invited to bring their backpacks up to the altar for blessings on the school year. Learn more at gracecathedral.org/schoolsupplies.

Volunteer Calligrapher
Late August through January, 2018
Grace Cathedral is looking for a volunteer calligrapher to help with the 2018 Stewardship Campaign. The project will take one to two hours per week. If interested, email Rachel Kucera at rachek@gracecathedral.org.

community

New Book Study Group
Sunday, August 20 to Sunday, October 22 with the exception of Sunday, September 17 • 4:30 - 5:30 p.m. • Chapter Room
Join our discussion of “The Unbearable Wholeness of Being: God, Evolution and the Power of Love” by Ilia Delio who presents an exciting “new image of God in the light of evolutionary understanding.” Read the introduction and first chapter for the first week. For more information, email lnstrinc@yahoo.com.

Senior Community Day
Thursday, August 24 • 9:30 a.m. • 2 p.m. • Chapter House Dining Room
Meet peers for breakfast, Bible study and a guest speaker followed by the Holy Eucharist, lunch and reflection. For more information, visit gracecathedral.org/seniors.

Women in Community
Saturday, August 26 • 4 - 6 p.m. • Private Home
Join women in conversation and community at the home of Peg Van Loo in San Francisco. For more information, contact Joanne Compean at (415) 819-8003 or joannejcompean@gmail.com
Get connected, stay connected
Follow us on Facebook (facebook.com/gracecathedralsf) and Twitter (@gracecathedral). Sign up for our weekly events email, Cathedral Highlights, or for congregation updates, at gracecathedral.org.

Listen to sermons and services online
The 11 a.m. Sunday Eucharist and 5:15 p.m. Thursday Evensong are posted on our website for a week after each service. Subscribe to the sermons through iTunes or listen: gracecathedral.org/listen

Prayer Requests
To request prayers of thanksgiving or intercession, email prayer@gracecathedral.org. Every day, our prayer team tends to the concerns of the community and remembers those who have died.

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The Very Rev. Dr. Alan Jones, Dean Emeritus

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